



Richmond Field Hockey Club
Communicable Disease Plan
v1.0 August 2021

As of July 1st, 2021, British Columbia transitioned to Phase 3 of BC's Restart Plan. With this move, Safety Plans are no longer required and RFHC is transitioning away from a COVID-19 Safety Plan to a Communicable Disease Plan.

The current Communicable Disease Plan can be found on the RFHC website.

If you have any questions at any time, please contact the Safety Manager for your team or email the RFHC Safety Manager at rfhcsafety@gmail.com.

RFHC events, including practices and games, must follow all governing body guidelines. If there is a conflict between any guidelines, the stricter of the two are to be followed.

Note: In the event that Public Health orders change, the Communicable Disease Plan will be updated accordingly.

EASING OF RESTRICTION

- Physical distancing does not need to be maintained on or off the field.
- Canada-wide travel is allowed. International travel must follow federal restrictions and guidance.
- Spectators are permitted again. Sport events that have more than 5,000 seated people will need to reduce capacity by 50 per cent.
- Drop-off and pick-up protocols are no longer required.
- The field will no longer require designated entrances and exits.
- Masks are not recommended on the Field of Play.
- Self assessment screening is no longer required.

RFHC COMMUNICABLE DISEASE PROTOCOLS

GENERAL GUIDELINES

- RFHC will have a minimum of one (1) designated Safety Manager per team to ensure all protocols are being adhered to.
- Participants are required to follow proper hand hygiene protocols prior to and during activity.
- Participants will not spit on the field or benches.
- RFHC members and their guests are not permitted to attend a field hockey event if they are sick or are exhibiting any signs of illness such as a fever, congestion, coughing, sneezing, etc.
- RFHC will provide a copy of the Communicable Disease Plan to its membership.
- The RFHC Umpire Coordinator will be required to ensure all umpires have been provided a copy of the RFHC Communicable Disease Plan.
- There is no need or requirement to form participant cohort groups.
- Washroom access may be limited and is operated by The City of Richmond.

EQUIPMENT GUIDELINES

- Until further guidance is provided, participants should come dressed ready to play (stick, shin pads, mouthguard and running/turf shoes); other equipment such as a glove and/or a mask or specialist equipment (goalkeepers/penalty corners) are also permitted.
- No sharing of water bottles.
- Shared Equipment:

NOTE - As of Aug 1, 2021, RFHC is waiting for Field Hockey BC to provide additional guidance on sharing of equipment (e.g. goalie equipment, penalty corner equipment). The Communicable Disease Plan will be updated once additional information is received.

IMPORTANT LINKS

[Via Sport Return to Sport Restart](#)

[Via Sport Frequently Asked Questions](#)

[Field Hockey BC COVID-19 Response: Responsible Return to Play updates](#)

[COVID-19: Resourcing Richmond Plan](#)

[WorkSafe BC: Communicable Disease Prevention - A Guide for Employers](#)